



Girls Standards-2024

6A Schools

<u>Event</u>	<u>6A Qualifying</u>	<u>6A Qualifying</u>	<u>6A Consideration</u>	<u>6A Consideration</u>
	<u>Yards</u>	<u>Meters</u>	<u>Yards</u>	<u>Meters</u>
200 medley relay	2:06.62	2:21.30	2:12.95	2:28.37
200 freestyle	2:08.06	2:21.89	2:14.47	2:28.99
200 IM	2:26.74	2:42.88	2:34.07	2:51.02
50 freestyle	26.37	29.41	27.69	30.88
100 butterfly	1:05.65	1:12.93	1:08.93	1:16.58
100 freestyle	58.06	1:04.56	1:00.96	1:07.79
500 freestyle	5:51.95	5:08.73 (400 meters)	6:09.55	5:24.17 (400 meters)
200 freestyle relay	1:51.52	2:04.57	1:57.10	2:10.76
100 backstroke	1:04.94	1:12.15	1:08.18	1:15.75
100 breaststroke	1:14.98	1:23.37	1:18.72	1:27.54
400 freestyle relay	4:11.72	4:40.42	4:24.31	4:54.44

Diving

6-Dive Meet 10.2 DD on 5 Optional AND 180 Score - at the same meet

Must include all 5 dive categories: forward, back, inward, twisting, and reverse.

11-Dive Meet 12.2 DD on 6 Optional AND 275 Score - at the same meet

THE STATE MEET IS AN 11-DIVE MEET.

Divers must complete the minimum 11-dive degree of difficulty requirement.